



Dr. Lisa Longhofer

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Below is a list of the three medications you will be given after surgery:

- **Tylenol #3 or Norco:**
For pain, please take as directed

- **Zofran:**
For nausea, please take as directed if you become nauseated.

- **Asprin 81:**
Take one daily for four weeks. Preventative measure for post-surgical blood clots.

** Please keep incision area clean, dry, and intact. If you have any concerns with the appearance of the incision, please contact our office first.

Physical therapy is a vital part of recovery (if ordered after your surgery). Please make every effort to attend as instructed. This will help with the outcome we are all wanting for you after surgery.

If you have any questions, please do not hesitate to call the office.

Sincerely,

Dr. Longhofer and staff